

Protecting yourself and others from coronavirus

Tasmanian border restrictions



This interim information is based on what is currently known about coronavirus (COVID-19) and the current situation in Tasmania. The Tasmanian Government will update interim information as needed and as additional information becomes available. Visit www.coronavirus.tas.gov.au for the latest information.

The Tasmanian Government has declared a State of Emergency.

Requirements to quarantine for people arriving in Tasmania are in place.

Who does this apply to?

All non-essential travellers arriving in Tasmania will be required to enter quarantine for 14 days.

From Monday 18 May 2020 Tasmanian residents are able to complete their 14 days of quarantine at their residence in Tasmania.

Non-Tasmanian residents are required to complete their quarantine at Government provided accommodation.

Essential Travellers that meet strict criteria and eligible maritime crew will be exempt from the 14 day quarantine requirement but must still comply with listed quarantine conditions directed by the Director of Public Health under section 16 of the *Public Health Act 1997*.

This Tasmanian quarantine requirement will be in addition to Australian Government requirements for all returning international travellers and specified cruise passengers to enter quarantine at their point of arrival into Australia.

Please note that additional conditions apply to residents of King Island, Flinders Island and the Furneaux Group of Islands (see overleaf).

What does this mean for Tasmanian residents?

On arrival in Tasmania or prior to arrival you will need to complete a Tasmanian Arrivals Card. On this card you will be required to identify your residence in Tasmania where you will be able to undertake your 14 days of quarantine.

All people entering Tasmania must report directly to Biosecurity Tasmania officer at your port of entry.

You will be required to provide proof that you are a Tasmanian resident to a Biosecurity Tasmania Officer on arrival in Tasmania.

One of the following documents (either hardcopy or digital format) will be acceptable as proof of residency:

- Tasmanian driver licence; or
- Another Tasmanian issued licence or identification type that includes a residential address; or
- Australian Tax Office Assessment (2018/19); or
- Tasmanian vehicle registration papers; or
- Evidence of ONE of the following that must include the address of your Tasmanian residence and your full name, and is no more than six months old:
 - » Financial Institution Statement
 - » Utility Account (Power, Water, Telephone, Gas)
 - » Council rates notice
 - » Lease or Rental Agreement
 - » Land Tax Valuation Notice
 - » Certificate of Title

If you cannot provide proof of your Tasmanian residency you will be required to undertake your 14 days of quarantine at Government provided accommodation for the duration of the quarantine period, or until you are able to produce relevant evidence

Tasmanian residents must transit directly from their port of arrival to their Tasmanian residence.

Residents of King Island, Flinders Island and the Furneaux Group of Islands

If you are arriving in Tasmania from a point outside Tasmania and are returning as a resident to King Island, Flinders Island or the Furneaux Group of Islands, the following apply to you:

- You must complete a 14-day period of quarantine at a government managed facility at your point of arrival in Tasmania, whether this is on the islands or on mainland Tasmania.
- If you have completed a period of quarantine at a government managed facility on mainland Tasmania, you will not be required to complete a period of quarantine at your residence when you return home.
- If you are returning home to the islands from mainland Tasmania, have not been on mainland Australia, and you have not completed a period of quarantine at an accommodation facility, you must quarantine at your residence for 14-days, as per the above conditions.

Specified Persons or persons who have received an exemption from the State Controller must comply with the conditions of their exemptions.

Quarantining at your residence

While completing your 14 day quarantine period at your residence, you must remain within your property boundaries at all time, unless you require medical attention.

You must isolate yourself from all others, except from those who you live with. You must not have visitors who are not household members during your 14-days of quarantine.

You may be outside your house, for example to use garden or patio areas, but must remain within your property boundary.

You cannot leave your property to exercise or shop or for other non-emergency reasons, even if you are planning to be on your own at this time.

You may leave the residence if you require medical assistance or in an emergency situation. If you leave your residence to access medical assistance, you must transit directly between your residence and the medical facility. Once the emergency has passed, you must return directly to your residence if safe to do so.

Other residents in the home

If you are well, other residents in the home who have not recently returned to the State are not required to quarantine with you.

They are able to continue to undertake normal activities as required.

However, while they are in the house they should try and physical distance from you as much as possible while you are undertaking quarantine.

All residents should monitor their health carefully while the quarantine period is being undertaken and arrange testing if any household member develops cold or flu symptoms. If you are diagnosed with COVID-19, your household must comply with the [Quarantine Direction Order](#).

Accessing supplies and services while in quarantine at home

You are not able to leave your house for non-emergency reasons while in quarantine.

Non-quarantining household members should undertake shopping and other services required during this period.

If you do not live with others who can assist, you can use online shopping and other services, ask a friend or contact the Public Health Hotline on **1800 671 738**.

Home delivery services can be used but you should avoid contact with any delivery people.

Ask a delivery person to leave the items at your front door, if possible.

If you are experiencing any trouble accessing supplies during your quarantine period you should contact the Public health Hotline on **1800 671 738**.

Finishing your 14 days quarantine at home

You are able to resume normal activities at the completion of your 14 day quarantine period, if you have not developed any symptoms. You do not require a clearance from health authorities. However you should continue to monitor your health and arrange testing if you develop any cold or flu symptoms.

Non-Tasmanian residents

Non-Tasmanian residents must complete a 14 day period of quarantine at a Tasmanian government accommodation facility.

All people entering Tasmania must report directly to a Biosecurity Tasmania officer at their port of entry.

Either prior to or on arrival you will be required to complete a Tasmanian Arrivals Card.

Arrangements will be made for your transport to the government provided accommodation.

You will be provided with additional information about arrangements for your quarantine, including, food and other assistance, upon your arrival in Tasmania.

Fly-in, Fly-out workers

If you are a Tasmanian resident returning to Tasmania for a period of leave from work interstate, you may quarantine at your residence as per the above conditions for "Tasmanian residents".

If you are required to leave Tasmania to return to work before the end of your 14 day quarantine period, you may do so, but must:

- Transit directly from your primary residence to the port of departure; and
- Maintain hand hygiene and physical distancing during transit.

If you are travelling to Tasmania for work, you may be exempt from completing a period of quarantine as a Specified Person (Essential Traveller).

For more information visit www.coronavirus.tas.gov.au or phone the public health hotline on **1800 671 738**.

Enforcement

Tasmania Police are responsible for ensuring compliance with the Arrivals and Quarantine directions. While you quarantine at home, Tasmania Police or another authorised officer may complete compliance checks, to ensure you are at your property.

Monitoring your health

All people completing a period of quarantine must carefully monitor their health at all times while in quarantine. This is a requirement.

If you develop any cold or flu symptoms you should immediately contact the Public Health Hotline on **1800 671 738** or your GP to arrange testing. You should notify them that you have recently returned from interstate and in quarantine. Follow any directions that you are provided with when you are tested in relation to yourself and other household members.

If you need to access other medical care that is not directly related to coronavirus symptoms, contact your GP as some GPs offer Telehealth consultations. Alternatively contact HealthDirect on **1800 022 222**. Please tell your HealthDirect operator that you are currently in quarantine.

If you need emergency care you should immediately dial Triple Zero (000) and advise of your condition as well as the fact you are in quarantine.

How can I stay updated?

Advice is changing frequently as the COVID-19 situation evolves in Tasmania. Please refer to the following websites for the latest information:

- Australian Government Department of Health www.health.gov.au
- Tasmanian Government Coronavirus website www.coronavirus.tas.gov.au
- Official public health information www.health.tas.gov.au/coronavirus

You can also call the following numbers if you need help or more information:

- Tasmanian Public Health Hotline **1800 671 738**
- National Coronavirus Helpline **1800 020 080**